



PURE YIN YOGA

WAIVER & RELEASE FORM + TERMS & CONDITIONS

If at any time during the class, you feel discomfort or strain, gently come out of the posture. You may rest at any time during the class. It is important in yoga that you listen to your body, and respect its limits on any given day.

I, the attendee of Pure Yin Yoga classes, attest that I am over 18 years of age.

I understand that yoga includes physical movements as well as an opportunity for relaxation, stress re-education and relief of muscular tension. As is the case with any physical activity, the risk of injury, even serious or disabling, is always present and cannot be entirely eliminated. If I experience any pain or discomfort, I will listen to my body and discontinue the activity. I will continue to breathe smoothly. I assume full responsibility for any and all damages that I may incur through participation.

I understand that Yoga is not a substitute for medical attention, examination, diagnosis or treatment. Yoga is not recommended and is not safe under certain medical conditions. By signing, I affirm that a licensed physician has verified my good health and physical condition to participate in such a fitness program, if required. In addition, I will make the teacher aware of any medical conditions or physical limitations before class. If I am pregnant, become pregnant or I am post-natal or post-surgical, my signature verifies that I have my physician's approval to participate. I also affirm that I alone am responsible to decide whether to practice yoga and participation is at my own risk. I hereby agree to irrevocably release and waive any claims that I have now or may have hereafter against PURE YIN YOGA – FRANCESCA MAZZOTTI and for any personal injury or negligence. Additionally, the teacher and PURE YIN YOGA – FRANCESCA MAZZOTTI are not in any way responsible for any loss or damage of my personal property.

If any portion of this release from liability shall be deemed by a Court of competent jurisdiction to be invalid, then the remainder of this release from liability shall remain in full force and effect and the offending provision or provisions severed here from.

I have carefully read and fully understand and agree to the above terms of this Liability Waiver Agreement. I am agreeing to this waiver voluntarily and recognise that my agreement serves as complete and unconditional release of all liability to the greatest extent allowed by law and that it cannot be changed orally.

TERMS AND CONDITIONS

Payment: To book into a class you must either have credits on your pass or pay at the time of booking, as payment and sign-in are now contactless.

Refunds: Any purchases made are final, non-refundable and non-transferable.

Cancellations by Student: The cancellation policy is in place to ensure everyone has a chance to attend. The deadline for cancelling classes booked with a class pass is 12 hours prior to class start time. If you are absent or cancel with fewer than 12 hours' notice you will forfeit the class/credit.

Classes paid for on a casual "Pay As You Go" basis may be rescheduled, but not cancelled. The deadline for rescheduling is 12 hours prior to class start time. If you are absent or reschedule with fewer than 12 hours' notice you will forfeit the class/payment. Classes must be cancelled or rescheduled through the online booking system, using the link provided in your confirmation email. Cancellations cannot be accepted via phone or email or text message.

Cancellations by Pure Yin Yoga: PURE YIN YOGA – FRANCESCA MAZZOTTI reserves the right to cancel classes, events or workshops without prior notice. If for any reason PURE YIN YOGA – FRANCESCA MAZZOTTI cancels a class with active bookings, students will be advised by email and a text (providing you have included a mobile phone number) as soon as possible. The cancelled class will be credited to your pass or, for casual users, rescheduled.

Pricing Changes: PURE YIN YOGA – FRANCESCA MAZZOTTI may change pricing without notice.

Yoga Props: In order to adhere to the Government COVID-19 safety guidelines, PURE YIN YOGA – FRANCESCA MAZZOTTI will not be supplying any yoga props, including mats, bolsters, blocks, straps and blankets. Please bring your own mat and props to class.

Newsletter: By accepting these terms, you agree to receive the PURE YIN YOGA - FRANCESCA MAZZOTTI newsletter. You may unsubscribe at any time.